

# NOTTINGHAM ADVANCED DRIVERS

Winter 2017



**Welcome** to the first NAD Newsletter, 2017 is now well under way but the Nottingham Advanced Drivers Committee sends you good wishes for a happy and safe year.

## In this Newsletter:

- Welcome
- Event News
- Current Coaching Course
- Your help needed
- Special Offer for NAD Members
- Holiday on ice!!!!

## Interesting Events?

Would you be interested in an event for NAD Group members? This could be a Skills Check Day, a car dealer promo event, skid awareness training, a Donnington Park driver training day. We are keen to arrange an event but are also keen to hear your ideas and if this kind of event would interest you. Please get in touch.

## Current Group Advanced Training Course

Our first block training course of the year has just started. 8 IAM Roadsmart Associates have started their advanced training and in 8 weeks we expect them to be ready to take the IAM Roadsmart advanced test. The block course offers Associates 2 classroom theory sessions and a minimum of 6 observed drives. Alongside the block course 3 Associates are currently training 1 to 1 with an Observer to prepare for the advanced test.

Our next block course starts on April 4. Why not encourage a family member or a friend to help make the UK's roads safer for everyone by becoming an advanced driver?

From the start of this year we are offering a limited number of IAM Roadsmart Advanced Driver Courses at the **reduced price of £99**. This is a reduction of £50 on the usual IAM Roadsmart price of £149. Please contact our Group Secretary Colin Davenport if you are interested.

## Your Help is Needed.....

The success of our training courses is based on the skill and hard work of our volunteer Observers. All IAM Roadsmart Observers have recently received additional training to ensure they all meet the new and more rigorous IAM Roadsmart standards. To acknowledge the additional work and commitment to achieve this high level of training the committee agreed to pay the Group annual membership fee (£10) for all active Observers.

We have recently recruited some new Observers to replace some who are no longer active. If you are interested in getting back in touch with the Group and to train to be an Observer please contact our Chief Observer David Crooks. To be an Observer is the best way to maintain your driving at an advanced level.

## The Group AGM is on Tuesday March 7 at 7.30pm.

The venue is the Training Room at A W Lymn, Robin Hood House, Robin Hood Street, Nottingham NG3 1GF. Details of this venue are on our Group website.

We are grateful to A W Lymn for allowing us to use their training room for our meetings and training sessions. All NAD Group members and Associates are welcome to attend this meeting.

## NAD Facebook Page:

**In an effort to promote safe Advanced Driving in the Area and attract a younger audience. We have published a page on Facebook.**

**Have a look to see what you think and let us know. You can get to our page by going to Facebook and typing [IAM Roadsmart Nottingham](#) into the search box then clicking on one of the links.**

**Please leave a comment and "like" the page.**



## Holiday on ice: Tips from IAM RoadSmart

It's the start of the New Year and temperatures have dropped below zero in many places. Even though we hope most drivers will be getting back into their usual routines, the icy roads won't make the return to work so easy. This week's tips give advice on how to deal with driving and riding on ice, from IAM RoadSmart's head of driving and riding standards Richard Gladman.

Only drive if it is really necessary. In very bad weather it is better to stay in or take public transport rather than risk an accident. Always check the weather and road conditions on your route before setting off

Make sure you know how the demister settings on your car work and how to adjust them properly

Never pour hot water on the screen as the sudden temperature change may cause cracks. Prevention is better than cure so if possible cover the glass overnight with cardboard or an old sheet to prevent freezing, or invest in a windscreen cover. Adding boiling water or heating up a key can melt plastic components in modern car locks so be gentle when it comes to warming them up or use a squirt of de-icer

If you haven't done so already, get an antifreeze check at your local garage or fast-fit centre. Keep your washer bottle topped up with an even stronger concentration of de-icer

It might sound like old news, but you need to triple or quadruple the distance from other cars in front of you in icy conditions. If a car has to stop suddenly or worse an accident occurs you will need that extra time to react and stop

Richard said: "As ever preparation and planning are the key to worry-free driving when the mercury plummets. Plan your route carefully as major routes are likely to be treated with salt and less likely to be icy although this might still form in dips and on bridges. Leave more time for your journey. Respect the conditions and don't expect your journey to take the same amount of time as normal. Factor in delays and give yourself plenty of time to clear the ice properly from all the windows of your car. A crystal clear view will give you the best chance of surviving the arctic blast."

### Next Issue:

We are currently working with a number of motoring outlets in Nottingham and hope to be able to offer servicing discounts and other vehicle related reductions to Nottingham Advanced Driver Group Members, Watch this space.....

### Group Contact Details:

Colin Davenport and David Crooks are on the Group website with more information about our training courses and other useful information. [www.nottsiam.org.uk](http://www.nottsiam.org.uk)

### National Contact Details:

Details of the national IAM Roadsmart and the range of training courses available nationally can be found at <https://www.iamroadsmart.com>